



TRACK AND FIELD RULES AND EXPECTATIONS CONTRACT

Name: _____

All Athletes and Parents/Guardians must read and sign the following contract. By signing, the Athlete and Parent/Guardian agree to follow and respect all rules and expectations listed below. Please read and go through this, don't just sign it!

- Team Sport=Team Player
- Positive Attitude
- Appropriate clothing for the weather
- Running Shoes Recommended
- Must compete in a minimum of 3 events/track meet
- If an athlete misses practice but was at school that day they must have a signed note from parent/guardian excusing that absence
- Allowed only 3 unexcused absences for the season
- 8th Grade Athletes are required to assist in running 6th grade home meets
- Be open to trying new and different events
- Athletes are to remain eligible throughout the season. 2 F's in a week or 1 F in the same class 2 weeks in a row will result in the athlete being ineligible and being held out of meets for that week
- All athletes and parents/guardians are to follow the Thompson School District Athletic Code of Conduct and Policies
- If an athlete is asked to go home due to behavioral issues they will be held out of the meet that week. If they are sent home a second time for behavioral issues they will then be removed from the team
- All parents/guardians are asked to be positive and supportive towards their child and teams
- Parents are required to pick up their child within 30 minutes of the end of practice or a meet. Athletes will be brought back to BRMS for out of town meets, but not in town meets
- Parents and Athletes need to make sure that medications like Inhalers for Asthma are available and taken before practice and meets
- Use practice to better your Track Skills not Social Skills
- Not working and messing around in practice will result in running to fill your time
- No Drama, PDA, or Cheating!

Parent/Guardian Signature: _____

Athlete Signature: _____

